

# SUMMER CAMPS

MIDLAND  
CENTER  
FOR THE  
ARTS

## Design a Viking Shield

**Description:** This week, we will be exploring ancient cultures from around the world! This activity is a simple craft that encourages creativity and will help your camper learn about Vikings.

**Recommended Ages:** 1<sup>st</sup> – 5<sup>th</sup>

### Materials:

- Markers
- Colored pencils
- Pencil
- Paper
- Bowl
- **Optional:** cardboard, tinfoil, paint, glue



### Procedure:

1. Research examples of Viking shields with your camper. Shields were typically made of wood, a metal “boss” in the center, and leather straps.
2. Use your pencil & bowl to trace a circle on your paper.
3. Design your shield! Vikings used designs to signify who they were and what family they belonged to, while others had specific markings the Vikings thought would bring them luck or victory.
4. **Optional:** Turn your design into an actual shield!
5. Cut out a large circle out of cardboard. Use paint to recreate your design onto the cardboard circle, let dry.
6. Cut a smaller circle out of tinfoil to be the shields boss. Glue onto the shield.
7. You can also use a small scrap of cardboard or tinfoil to create a handle on the back of your shield.